

Wellness Area

HAMMAN (30MIN) ONLY BY APPOINTMENT..... SOLO 15€ / 25€

TRADITIONAL ORIENTAL STEAM BATH, THE HAMMAN IS, PRACTICED BEFORE A SCRUB OR A MESSAGE IN ORDER TO PREPARE THE SKIN AND OFFER AN OPTIMAL RELAXATION.

* BLACK SOAP SUPPLEMENT: 3€ PER PERSON / KASSA GLOVE: 6€ PER PERSON

Minimum age 18 years or 16 years accompanied by an adult / possibility of privatisation or group. . contact us for more information. wearing a swimming costume is compulsory the hamman is not recommended for people with an infection heart or kidney problems, high blood pressure or for pregnant women.

SPA JET (30 MIN)..... 30€

A MULTI-SENSORY COCOON, THE JET SPA IS A WET CABIN JETS AND STEAM THAT BRINGS YOU ALL THE BENEFITS OF HEAT AND THE VIRTUES OF HYDROMASSAGE.

EXFOLIATING BODY..... SOLO 35€ / DUO 75€

WHETHER IT IS BASED ON SAND, SUGAR OR SALT, THE SCRUB ALLOWS AN EXFOLIATION OF DEAD CELLS, IN ORDER TO REFINE SKIN TEXTURE, TO ENHANCE TANNING AND TO FACILITATE CELL REGENERATION.

SHEA BUTTER WRAP SOLO 35€ / DUO 65€

RICH IN VITAMINS AND IN FATTY ACIDS, THE SHEA BUTTER HAS MANY VIRTUES AS THE HYDRATION, ANTI-STRETCH MARKS AND A WONDERFUL REGENERATING POWER (ANTI-AGEING) IT IS A REAL COST OF RADIANCE, THE SKIN IS SOFT, SMOOTH AND PLUMPED UP.

LIGHT LEGS..... 30€

THIS TREATMENT AIMS TO INCREASE THE FEELING OF LIGHT WITH OUR NEW REFRESHING GELS.



Our Worldwide Massages

	25 MIN	50 MIN	70 MIN	
CALIFORNIAN MASSAGE.....	49€	74€	89€	SOLO
	93€	138€	163€	DUO

THIS TAILOR-MADE MASSAGE CONSISTS OF SLOW, ENVELOPING AND RELAXING MOVEMENTS THAT ALLOW FOR PHYSICAL AND MENTAL RELAXATION.

POLYNESIAN MASSAGE.....

THIS TRADITIONAL POLYNESIAN MASSAGE IS A GENTLE, SLOW AND RHYTHMIC MASSAGE THAT HAS A DEEP EFFECT ON THE MUSCLES. ALTERNATING MANUAL TECHNIQUES AND THE APPLICATION OF HOT SAND, THIS TREATMENT IS A REAL RELAXATION BREAK.

SCANDINAVIAN MASSAGE.....

THIS MASSAGE IS A DYNAMIC TECHNIQUE, FAVOURING DEEP MUSCLE RELAXATION IN ORDER TO RELIEVE TENSION DUE TO SPORTING EFFORTS.

BALINESE MASSAGE.....

THIS ENERGETIC MASSAGE ALLOWS TO TONE UP THE BODY THANKS TO ITS DIFFERENT TECHNIQUES. DIGITOPPRESSION, WHICH STIMULATES THE BODY'S ENERGY FLOW, OIL, WHICH RESTORES TONE BY ALTERNATING SLOW AND FAST MANOEUVRES AND SITTING WHICH RELAXES AND RELIEVES THE BACK.

ABHYANGA MASSAGE.....

THIS ENERGETIC MASSAGE HELPS TO TONE THE BODY AND ITS FUNCTIONS. THIS TREATMENT IS PARTICULARLY SUITABLE FOR PEOPLE WHO ARE IN A HURRY OR UNDER STRESS. IT CALMS THE MIND, ELIMINATES TIREDNESS, ACTS ON NERVOUS SYSTEM AND PROMOTES RESTFUL SLEEP, FOR A FULL RELEASE.

SHIROSHAMPI MASSAGE.....

THIS AYURVEDIC MASSAGE IS MAINLY AIMED AT CALMING THE BODY'S NATURAL ENERGY. IN INDIAN, SHIRO MEANS HEAD AND SHAMPI MEANS MASSAGE. THIS MASSAGE ALTERNATES SOFT AND RHYTHMIC MANOEUVRES OF THE UPPER PART OF THE BODY (BACK, NECKLINE, FACE, SCALP) FOR RELAXATION AND A WONDERFUL RELEASE.

PLANTAR MASSAGE.....

OF ASIAN ORIGIN, THIS MASSAGE STIMULATES THE REFLEX POINTS OF THE FOOT ARCH IN ORDER TO REBALANCE THE BODY. THIS STRETCHING AND DRAINING MANOEUVRES OF THE CALVES GIVE A FEELING OF LIGHTNESS.

CUSTOMISED MASSAGE.....

ONE MESSAGE ONLY ESPECIALLY DESIGNED FOR YOU AFTER A PERSONALISED ASSESSMENT.

SCENT BAR BY MY SPA

From our selection of scrubs and oils, choose the fragrance and texture that will immerse you into a sensory journey.

* ALL OUR MESSAGES ARE RELAXATION AND WELL-BEING TREATMENTS FOR NON-THERAPEUTIC PURPOSE.

Relaxation and beauty area

Special offers

Wellness Area

HAMMAN 30 MIN + CALIFORNIAN MASSAGE 50 MIN

80€
150€

SOLO
DUO

Escapade

BODY SCRUB 25 MIN + HEA BUTTER WRAP 25MIN

Escape Area

125€ / 230€ in duo
2 hours of treatment

Trip to Polynesia

HYDROMASSAGE BATH
SALT SCRUB
POLYNESIAN OIL MASSAGE

145€ / 270€ in duo
2 hours of treatments

Trip to Florida

SUGAR SCRUB
SHEA BUTTER WRAP
CALIFORNIAN OIL MASSAGE

135€ / 250€ in duo
2 hours 30 of treatments

Trip to Bali

MAGNETIC EXPRESS HYDRO BATH
HEATED RELAXING BODY WRAP
BALINESE OIL MASSAGE

Journey to an unknown land

HYDROMASSAGE BATH
WORLD SCRUB
SHEA BUTTER BODY WRAP
WORLD OIL MASSAGE

140€ / 260€ in duo
2 hours 30 of treatments

Our face rituals by "My Spa"

DISCOVER THE MUST-HAVE FACE RITUAL WITH THE MADE IN PROVENCE BRAND "MY SPA". MORE THAN A TREATMENT, A MOMENT OF POLYNESIAN EMOTION, AN INVITATION TO TRAVEL SUBLIMATED BY INNOVATIVE AND HIGH-END PRODUCTS.

Express Magnetic discovery ritual (30 min)..... 39€

WHEN MODERNITY MAKES YOU BEAUTIFUL. AN ORIGINAL TREATMENT, DEVELOPED AROUND THE MAGNETIC SCRUB TECHNIQUE. A UNIVERSAL TREATMENT SUITABLE FOR ALL AGES AND SKIN TYPES. THE PERFECT SOLUTION TO DISCOVER THE WORLD OF MY SPA.

Polynesian springs and lagoons rituals (40 min)..... 65€

AN ENCHANTING JOURNEY TO THE HEART OF THE MOST BEAUTIFUL POLYNESIAN ISLANDS. THIS TREATMENT COMBINES TEXTURES BURSTING WITH HIGH-PERFORMANCE ACTIVE INGREDIENTS TO FLOOD YOUR SKIN WITH WELL-BEING AND PROVIDE ABSOLUTE HYDRATION RELAXATION.

Rituals of Youth (75 min)..... 75€

A GLOBAL TREATMENT TO REGAIN YOUTHFULNESS, FIRMNESS AND DENSITY, OR LUMINOSITY AND OPALESCENCE INSPIRED BY FRENCH BEAUTY, THIS TREATMENT FOR MATURE SKIN COMBINES LUXURY AND VOLUPTUOUSNESS. AN INTENSE AND DEEP TREATMENT THAT REVEALS EITHER A FIRM AND PLUMP SKIN

Cleopatra Ritual (40 min)..... 65€

THE QUINTESSENTIAL OXYGENATING TREATMENT. THIS TREATMENT REVEALS THE SKIN'S RADIANCE THANKS TO DIVINELY ADDICTIVE RED FRUITS. A REAL BOWL OF OXYGEN THAT GENTLY REVITALIZES THE EPIDERMIS FOR A FRESH AND RADIANT COMPLEXION.

Secret Ritual of Japan (40 min)..... 65€

A COMFORTING COCOONING TREATMENT FOR FRAGILE AND SENSITIVE SKIN. AN ULTRA-GENTLE TREATMENT TO STARVE, CALM AND RELAX VULNERABLE SKIN. THE SKIN REGAINS COMFORT, HEALTH, HARMONY AND SERENITY.



DEPILATION

EYEBROWS WITH WAX	9€
EYEBROWS WITH TWEEZER	12€
LIPS, CHIN OR NOSE	7€
LIPS, EYEBROWS OR CHIN	18€
ARMPITS	12€
HALF ARMS, HALF LEGS OR THIGHS	16€
FULL LEGS	25€
CLASSIC BIKINI WAXING	12€
BRAZILIAN BIKINI WAXING	18€
FULL BIKINI WAXING	25€
MEN'S CHEST OR BACK	30€

FACE AND BODY CARE

CHILDREEN FROM 5 TO 12

Face care	
MY GREEDY FACE (30 MIN)	32€
1ST FACIAL FOR CHILDREN, MAINTAINS THE VITALITY AND HYDRATION OF THE SKIN WHILE RESPECTING THE CHILD'S MORPHOLOGY	

Body care	
FAIRY HANDS (25 MIN)	25€
NAIL FILING, HAND MASSAGE AND NAIL POLISH APPLICATION	
RELAXATION OF PRINCES AND PRINCESSES (25 MIN)	35€
A RELAXING, NUTRITIOUS AND PROMOTES RELAXATION AND REST	
PARENTS AND CHILDREN MOMENT OF COMPLICITY (25 MIN)	75€
FOR A MOMENT OF COMPLICITY AND RELAXATION WITH YOUR CHILD, SHARE A RELAXING MASSAGE IN A DUO CABIN	
MY CHILD AND I (60 MIN)	89€
SHARE WITH CHILD A HYROMASSAGE BATH AND A RELAXING MODELLING OF 25 MIN	

Face and body care	
TEENAGE BACK CARE (30 MIN)	35€
A BACK SCRUB FOLLOWED BY A MASSAGE RELAXING	

ADORABLE FACE CARE (50 MIN)	48€
THIS PERSONALISED FACIAL TREATMENT PURIFIES, EXFOLIATED AND HYDRATES THE SKIN IN DEPTH	

TOOFRUIT
Les soins pour enfants

Une marque dermatologique certifiée
bio pour les enfants

BEAUTY OF NAILS AND FEET

HAND BOOTY (30 MIN)	28€
FOOT BEAUTY YUMI FEET (30 MIN)	35€
FOOT BEAUTY* (50 MIN)	50€
CLASSIC NAIL POLISH	12€

*CLASSICAL NAILPOLISH SUPPLEMENT : 6€ / SEMI-PERMANENT NAILPOLISH : 22€.

NAILS

SEMI PERMANENT POSE HANDS OR FEET	30€
SEMI PERMANENT POSE HANDS OR FEET	50€
GEL COATING ON NATURAL NAILS + COLOR	48€
FILLING (2-3 WEEKS MAXIMUM) SHEATHING	38€
GEL EXTENTION TO CHABLON ET AMERICAN POSE	65€
FILLING (2-3 WEEKS MAXIMUM)	55€
BROKEN NAIL REPAIR	5€
NAILS DECORATION LIKE FRENCH / STRASS / STICKERS / EFFETS	0.50€ PER FINGER
BABY BOOMER / BABY COLOR	1€ PER FINGER
PERSONNALIZE NAILS (BABY GLITTER/MARBRE)	1.50€ PER FINGER
SEMI-PERMANENT REMOVAL	10€
GEL REMVAL	25€
REMOVAL + HANDS CARE	SUPPLEMENT 5€

TEENAGERS 13/16 TREATMENT

BIO SEMI-PERMANENT NAILPOLISH	30€
GREEN FLASH, VARNISH FORMULATED WITHOUT TOXIC INGREDIENTS AND MADE FROM ORGANIC SOURCES	
EXTENTION PRESS-ON NAILS METHOD	50€
ATTACHMENT TO REUSABLE GEL-PADS	

THINK
ABOUT A
GOOD GIFT



OFFER AN EXCEPTIONAL MOMENT TO YOUR LOVED ONES !



TOOFRUIT
Les soins pour enfants

IN LOW SEASON, FROM MONDAY TO SATURDAY
10H - 13H AND 14H - 18H
(20H ACCORDING TO DEMAND)
DIMANCHE ON EXCEPTION
(MAY HOLIDAYS)
IN HIGHT SEASON, FROM LUNDI TO SAMEDI
10H - 13H AND 14H - 20H

+33 6.16.05.22.37

BOOKING ON PLANITY.FR



LE FLORIDE
& L'Embouchure

LOREM IPSUM



KAHUNA SPA
WELLNESS DESTINATION